



Supplement Facts

Serving Size : 3 capsules per serving

Servings Per Container : 40

Amount Per Serving	% of Daily Value**	
Vitamin A (as palmitate and acetate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	300mg	500%
Vitamin D (as cholecalciferol D-3)	600 IU	150%
Vitamin E (as d,l-alpha tocopheryl acetate)	30 IU	100%
Vitamin K (as phyloquinone)	80mcg	100%
Thiamin(Vitamin B1) (as thiamine mononitrate)	50mg	3333%
Riboflavin(Vitamin B2)	50mg	2941%
Niacin (as niacinamide)	75mg	375%
Vitamin B6 (as pyridoxine hcl)	50mg	2500%
Folic Acid	600mcg	150%
Vitamin B 12 (as cyanocobalamin)	50mcg	833%
Biotin	300mcg	100%
Pantothenic Acid (as calcium d-pantothenate)	50mg	500%
Calcium (as calcium carbonate)	150mg	15%
Iodine (as potassium iodide)	150mcg	100%
Magnesium (as magnesium oxide)	100mg	25%
Zinc (as zinc oxide)	25mg	167%
Selenium (as selenomethionine)	200mcg	285%
Copper (as cupric oxide)	2mg	100%
Manganese (as manganese sulfate)	2mg	100%
Chromium (as chromium chloride)	120mcg	100%
Molybdenum (as sodium molybdate)	75mcg	100%
Performance Energy Complex [Green tea extract- 45% EGCG, 75% catechins, 90% polyphenols; taurine, L-tyrosine, panax ginseng- 10% ginsenosides; ginkgo biloba 24% glycosides, 6% terpenes; leucine; isoleucine; and valine)	250mg	†
Super-Food Antioxidant Complex- (Papaya leaf, spirulina, wheatgrass, ginger, garlic, acai berry extract, noni fruit, pomegranate, and mangosteen.)	250mg	†
Goddess Health Complex-(Cranberry powder, dong quai, red clover, and kudzu)	100mg	†

† Daily Value not yet established

** Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower based on your calorie needs.

Other Ingredients: Gelatin, Magnesium Stearate, FD&C Red #40, FD&C Blue #1, FD&C Red #3, and TiO2.