

HIGH CALORIE BULKING FORMULA

MHP
MAXIMUM HUMAN PERFORMANCE

Gain up to
18lbs Mass
in **5 Weeks!**^{††}

UP YOUR MASS[®] XXXL 1350

**The Ultimate Mass Building
Weight Gainer!**

Powerful Gains in Hard, Dense Muscle Mass*
Enhances Strength & Speeds Recovery*

50g
Protein

1350
Calories

11g
BCAAs

23g
EAAs

*Natural from Protein

MILK CHOCOLATE

Naturally & Artificially Flavored

Dietary Supplement
Net Wt. 12.25 lbs. (5560g)



MILK CHOCOLATE

50g
PROTEIN

1350
CALORIES

11g
BCAAs

23g
EAAs

Directions: For maximum results, mix 6 scoops with 24 fl. oz. of water or milk in a shaker or blender. Take 1-2 servings daily.

Supplement Facts

Serving Size: 6 Scoops (347.5 g)
Servings Per Container: 8

With 24 fl. oz. Water	Amount Per Serving	% Daily Value	With 24 fl. oz. Whole Milk	Amount Per Serving	% Daily Value
Calories	1350		Calories	1800	
Total Fat	17 g	22%†	Total Fat	41 g	53%†
Saturated Fat	9 g	45%†	Saturated Fat	23 g	115%†
Cholesterol	138 mg	46%	Cholesterol	211 mg	70%
Total Carbohydrate	253 g	92%†	Total Carbohydrate	288 g	105%†
Dietary Fiber	7 g	25%†	Dietary Fiber	7 g	25%†
Total Sugars	11 g	‡	Total Sugars	48 g	‡
Protein	50 g	100%	Protein	75 g	150%
Vitamin D	0 mcg	0%	Vitamin D	0.6 mcg	3%
Calcium	260 mg	20%	Calcium	1088 mg	84%
Iron	9.3 mg	52%	Iron	9.3 mg	52%
Phosphorus	350 mg	28%	Phosphorus	965 mg	77%
Sodium	410 mg	18%	Sodium	720 mg	31%
Potassium	1398 mg	30%	Potassium	2363 mg	50%
Digestive Enzyme Blend: Papain and Bromelain	100 mg	‡	Digestive Enzyme Blend: Papain and Bromelain	100 mg	‡

† Percent daily values are based on 2000 calorie diet. ‡ Daily value not established.

Other Ingredients: Mass Loading Matrix (Mass Load)[®] Complex Carbohydrate Blend (Micronparticulated Maltodextrin, Sweet Potato, Oat Fiber, Quinoa Powder), Amino Acid Enhanced, Fast Acting & Sustained Release Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Micellar Casein, Hydrolyzed Whey Protein, Milk Protein, BCAAs (L-Leucine, L-Isoleucine, L-Valine), L-Glutamine), Fatty Acid Blend Blend (Palm Oil, Flaxseed, Borage Seed, Medium Chain Triglyceride Powder (MCT), Clarinol Powder (CLA)), Cocoa, Natural and Artificial Flavors, Salt, Soy Lecithin, Aceulfame Potassium and Sucralose.

Contains: Milk and Soy.

Amino Acid Profile Per Serving

Amino Acids	Grams
Essential Amino Acids	
Leucine	5.20
Isoleucine	2.84
Valine	2.98
Histidine	1.01
Lysine	4.37
Methionine	1.15
Phenylalanine	1.80
Threonine	2.99
Tryptophan	0.77
Total BCAAs	11.02
Total EAAs	23.11
Non-Essential Amino Acids	
Alanine	2.19
Aspartic Acid	4.65
Arginine	1.49
Cystine	0.83
Glycine	0.94
Glutamine & Glutamic Acid	9.17
Proline	3.45
Tyrosine	1.73
Serine	2.53