

meijer®

Compare to
Flintstones®
Gummies
ingredients†

GUMMY

children's multivitamin

DIETARY SUPPLEMENT

11 Essential Vitamins & Minerals
Colors and Flavors from Natural Sources

180 Gummies

ASSORTED FRUIT FLAVORS

Suggested Use: Children, take 1-2 gummies daily.

Supplement Facts

Serving Size: 1 Gummy (children 2-3 years); 2 Gummies (Adults & Children 4 & Up)
Servings Per Container: 180, 90

Amount Per Serving	% Daily Value for Children 2 through 3 Years of Age		% Daily Value for Adults and Children 4 or More Years of Age	
Calories	10		15	
Total Carbohydrate	2 g	1%**	3 g	1%*
Total Sugars	1 g	†	2 g	†
Includes Added Sugars	1 g	4%**	2 g	4%*
Vitamin A (as retinyl palmitate)	200 mcg RAE	67%	400 mcg RAE	44%
Vitamin C (as ascorbic acid)	15 mg	100%	30 mg	33%
Vitamin D (as cholecalciferol)	7.5 mcg	50%	15 mcg	75%
Vitamin E (as dl-alpha-tocopheryl acetate)	3.5 mg	58%	7 mg	47%
Vitamin B6 (as pyridoxine HCl)	0.3 mg	60%	0.6 mg	35%
Folate	100 mcg DFE (60 mcg folic acid)	67%	200 mcg DFE (120 mcg folic acid)	50%
Vitamin B12 (as cyanocobalamin)	0.6 mcg	67%	1.2 mcg	50%
Biotin	6 mcg	75%	12 mcg	40%
Pantothenic acid (as calcium-D-pantothenate)	1.5 mg	75%	3 mg	60%
Iodine (as potassium iodide)	45 mcg	50%	90 mcg	60%
Zinc (as zinc sulfate)	2.5 mg	83%	5 mg	45%

*Percent Daily Values based on a 2,000 calorie diet.
**Percent Daily Values based on a 1,000 calorie diet.
†Daily Value not established.

INGREDIENTS: GLUCOSE SYRUP; SUGAR; WATER; GELATIN, 5% FRUIT JUICE FROM CONCENTRATE (APPLE, PEAR, PINEAPPLE, PEACH, ORANGE, LEMON, RASPBERRY, BLACKCURRANT, STRAWBERRY, BLACKBERRY, BLUEBERRY, CHERRY), LESS THAN 2% OF: CITRIC ACID, LACTIC ACID, NATURAL FLAVORS, PAPRIKA EXTRACT (FOR COLORING), RADISH EXTRACT (FOR COLORING) AND TURMERIC (FOR COLORING), PALM OIL AND CARNAUBA WAX.

WARNINGS: Store at room temperature. Do not expose to excessive heat or moisture. Natural colors will darken over time. This does not alter the potency of the product. Take only as directed. Do not exceed suggested dosage. Always consult your pediatrician before giving your child a dietary supplement. This product may settle during shipping.

KEEP OUT OF THE REACH OF CHILDREN.

Do not use if inner seal is broken or missing.

* This product is not manufactured or distributed by Hanna-Barbera Productions, Inc., owner of the registered trademark Flintstones®.

Questions or comments? 1-617-848-4560

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