

PRODUCT #05020

DIRECTIONS: As a dietary supplement, take before bedtime with juice or food.
Adults—three (3) wafers; Teens—two (2) wafers; Pre-Teens—one (1) wafer.
Dosage may be increased as directed by a healthcare practitioner.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

Consumer Information Services
Voice Mail: 800-845-2730
michaelshealth.com

Certified by: Rabbi Alan Silver, M.D. 
Orthodox Jewish Council

**OptiZinc® and ChromeMate® are trademarks of InterHealth Nutraceuticals, Inc.

***Albion® and TRAACS® are registered trademarks of Albion Laboratories, Inc.

****ConcenTrace® is a trademark of Trace Minerals Research.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

michael's
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984



Chewable Minerals



90 chewable vegan wafers
comprehensive mineral
supplement

tried & truthful



Supplement Facts

Serving Size: Three (3) Chewable Wafers
Servings Per Container: 30

Amount Per Serving	% Daily Value
Calcium (as Calcium Carbonate and Calcium Citrate)	300 mg 23%
Iodine (from Kelp)	30 mcg 20%
Magnesium (as Magnesium Oxide and Magnesium Amino Acid Chelate)	300 mg 71%
Zinc (as Zinc Monomethionine**)	3 mg 27%
Selenium (as L-Selenomethionine)	3 mcg 5%
Manganese (as TRAACS® Manganese Bisglycinate Chelate***)	2 mg 87%
Chromium (as Chromium Polynicotinate**)	5 mcg 14%
Potassium (as Albion® Potassium Glycinate Complex****)	10 mg <1%
Stevia Leaf Extract	12 mg *
ConcenTrace®**** Allfalfa	3 mg *
(Ionic Trace Mineral Complex from the Great Salt Lake, 72 naturally occurring minerals, plus other minerals found in seawater)	

*Daily Value not established.

OTHER INGREDIENTS: Xylitol, Stearic Acid, Citric Acid, Microcrystalline Cellulose, Vegetable Magnesium Stearate, Natural Fruit Punch Flavor and Silicon Dioxide.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233
A Division of Inner Health Group, Inc.
H061417

NOT FOR INDIVIDUAL SALE. ONLY TO BE SOLD AS PART OF A 2-PRODUCT PACK



Supplement Facts

Serving Size: Two (2) Chewable Wafers
Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	1500 mcg 167%
Vitamin C (as Ascorbic Acid)	100 mg 111%
Vitamin D3 (as Cholecalciferol)	1.25 mcg (50 IU) 4%
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg 133%
Thiamin (as Thiamine Hydrochloride)	10 mg 833%
Riboflavin	16 mg 1231%
Niacin (as Nicotinamide)	10 mg 63%
Vitamin B6 (as Pyridoxine Hydrochloride)	14 mg 624%
Folate (as [S(5)-5-methyltetrahydrofolate equivalent to 60 mcg of [S(5)-5-methyltetrahydrofolate acid, glucosamine salt**])	30 mcg GFE 4%
Vitamin B12 (as Cyanocobalamin)	200 mcg 8533%
Biotin	200 mcg 167%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 400%
Choline (as Choline Bitartrate)	30 mg 9%
Iodine (from Kelp)	50 mcg 38%
Stevia Leaf Extract	34 mg *
Inositol	30 mg *

*Daily Value not established.

OTHER INGREDIENTS: Xylitol, Natural Vanilla Cream Flavor, Microcrystalline Cellulose, Stearic Acid, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Orange Flavor.

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Adult Chewable daily multi vitamin



60 chewable vegetarian wafers
comprehensive dietary
supplement

tried & truthful



Mineral Complement:
05008 ESSENTIAL MINERALS – 120 TABS
05009 ESSENTIAL MINERALS – 240 TABS

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From Lanolin.
**"Quatrefolic" is a registered trademark of Gnosis S.p.A. Patent No. 7,947,662.



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