Suggested Usage: Take 1 capsule daily, with or without food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of the reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for & Distributed by:
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Questions or Comments:
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CALIFORNIA GOLD NUTRITION®

L-Theanine

100mg

Supports Relaxation*

ALPHAWAVE®
THE CALMING WAVE

Formulated to Contain
NO Gluten
NO GMOs
NO Soy

30 Veggie Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	%Daily Value
L-Theanine (AlphaWave®)	100mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Veggie Capsule (Modified Cellulose), and Silica.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

AlphaWave® is a registered trademark of Ethical Naturals

All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.