

Walgreens ESSENTIALS™

ONE DAILY

Multivitamin

MEN

FORMULA
FOR MEN

Key nutrients for heart,
prostate & immune health*

200 TABLETS

DIETARY
SUPPLEMENT

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Suggested Use: Adults - One tablet daily with food
as a dietary supplement.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 1050 mcg.....	117%	Iodine 150 mcg.....	100%
(29% as beta-carotene)		Magnesium 100 mg.....	24%
Vitamin C 90 mg.....	100%	Zinc 11 mg.....	100%
Vitamin D3 25 mcg (1000 IU).....	125%	Selenium 100 mcg.....	182%
Vitamin E 20.2 mg.....	135%	Copper 0.9 mg.....	100%
Vitamin K 60 mcg.....	50%	Manganese 2.3 mg.....	100%
Thiamin 1.2 mg.....	100%	Chromium 35 mcg.....	100%
Riboflavin 1.3 mg.....	100%	Molybdenum 50 mcg.....	111%
Niacin 16 mg.....	100%	Chloride 72 mg.....	3%
Vitamin B6 2 mg.....	118%	Potassium 80 mg.....	2%
Folate 340 mcg DFE.....	85%		
(200 mcg folic acid)		Silicon 2 mg.....	**
Vitamin B12 6 mcg.....	250%	Tin 10 mcg.....	**
Biotin 40 mcg.....	133%	Vanadium 10 mcg.....	**
Pantothenic Acid 15 mg.....	300%	Lycopene 600 mcg.....	**
Calcium 210 mg.....	16%		
Iron 8 mg.....	44%		
Phosphorus 20 mg.....	2%		

** Daily Value (DV) not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Microcrystalline Cellulose, Dicalcium Phosphate, Maltodextrin, *dl*-Alpha Tocopheryl Acetate. Contains 2% or less of beta-carotene, biotin, carboxymethylcellulose sodium, cholecalciferol, chromium picolinate, cupric sulfate, cyanocobalamin, D-calcium pantothenate, DL-tartaric acid, FD&C blue no. 2 lake, FD&C red no. 40 lake, FD&C yellow no. 6 lake, ferrous fumarate, folic acid, hydroxypropyl methylcellulose, lycopene, magnesium stearate, manganese sulfate, nicotinamide, phytonadione, polydextrose, polyethylene glycol, polyvinyl

alcohol, potassium iodide, pyridoxine hydrochloride, retinyl acetate, riboflavin, silica, sodium metavanadate, sodium molybdate, sodium selenite, stannous chloride, starch, talc, thiamine mononitrate, titanium dioxide (color), tricalcium phosphate, zinc oxide.

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WARNING: Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

KEEP OUT OF THE REACH OF CHILDREN.

Store at 15°-30°C (59°-86°F).

Key nutrients for heart, prostate and immune health.*
Antioxidants may support immune function.*
B vitamins may sustain energy levels.*
Lycopene and vitamin D3 for prostate and colon health.*
Vitamins B6, B12 and folic acid may help promote a healthy heart.*

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Walgreens Pharmacist Recommended
Walgreens Pharmacist Survey

Questions or comments? 1-866-927-5470

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