



Supplement Facts	
Serving Size 1 Tablet	
Amount Per Serving	% Daily Value
Vitamin A (29% as beta-carotene) 1050 mcg	117%
Vitamin C 120 mg	133%
Vitamin D3 25 mcg (1000 IU)	125%
Vitamin E 27 mg	180%
Vitamin K 60 mcg	50%
Thiamin 1.5 mg	125%
Riboflavin 1.7 mg	131%
Niacin 20 mg	125%
Vitamin B6 6 mg	353%
Folate 510 mcg DFE (300 mcg folic acid)	128%
Vitamin B12 100 mcg	4167%
Biotin 30 mcg	100%
Pantothenic Acid 10 mg	200%
Calcium 210 mg	16%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 75 mg	18%
Zinc 15 mg	136%
Selenium 21 mcg	38%
Copper 0.5 mg	56%
Manganese 4 mg	174%
Chromium 60 mcg	171%
Molybdenum 50 mcg	111%
Chloride 72 mg	3%
Potassium 80 mg	2%
Silicon 2 mg	**
Vanadium 10 mcg	**
Lutein 300 mcg	**
Lycopene 600 mcg	**
**Daily Value not established.	

Ingredients

Calcium Carbonate, Potassium Chloride, Magnesium Oxide, Ascorbic Acid, Dicalcium Phosphate, Microcrystalline Cellulose, dl-Alpha Tocopheryl Acetate, Starch, Maltodextrin, Contains 2% or less of beta-carotene, biotin, carboxymethylcellulose sodium, cholecalciferol, chromium picolinate, cupric sulfate, cyanocobalamin, D-calcium pantothenate, DL-tartaric acid, FD&C blue no. 2 lake, FD&C red no. 40 lake, FD&C yellow no. 6 lake, folic acid, hydroxypropyl methylcellulose, lutein, lycopene, magnesium stearate, manganese sulfate, nicotinamide, phytonadione, polydextrose, polyethylene glycol, polyvinyl alcohol, potassium iodide, pyridoxine hydrochloride, retinyl acetate, riboflavin, silica, sodium metavanadate, sodium molybdate, sodium selenite, talc, thiamine mononitrate, titanium dioxide (color), tricalcium phosphate, zinc oxide

Warnings

Keep out of the reach of children. Store at 15- 30 degrees C (59- 86 degrees F). Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing. Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.No Artificial Flavors No Gluten No Lactose