

CAUTION: Pregnant or lactating women, or individuals taking prescription medications, consult your healthcare professional before taking this product.

Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

longvida LONGVIDA® extract is patented under US 9192644 & EP 1993365 (other patents pending) and LONGVIDA® is a registered trademark of Verdure Sciences Inc.

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®

601 N Larch Street, Sisters, Oregon 97759

Contact # 800-772-7873

MetabolicMaintenance.com



METABOLIC
MAINTENANCE®

DIETARY SUPPLEMENT

Curcumin + C

longvida

400 mg

60 CAPSULES

DIRECTIONS: One to two (1-2) capsules daily with a meal, or as directed by a healthcare professional.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Vitamin C	250 mg	278%
(as Ascorbic Acid and Ascorbyl Palmitate)		
Longvida® Optimized Curcumin (23% curcuminoids from <i>Curcuma longa</i> root)	400 mg	*

*Daily Value not established for this ingredient

Other ingredients: vegetarian cellulose capsule
Longvida® Optimized Curcumin also contains:
soy lecithin, stearic acid, dextrin, silicon dioxide.

V-05