

**Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, young adults (age 14+) who can safely swallow a tablet take 6 tablets daily with meals or as directed by your health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking and medication, consult your health professional before use. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202772 V1



Ultra Preventive[®] Teen

ez Easy Swallow Technology

Dietary Supplement

Multivitamin/mineral for daily wellness†



180 Tablets

Supplement Facts

Serving Size 6 tablets
Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	2,100 mcg	233%	Zinc.....	5 mg	45%
(600 mcg as vitamin A palmitate [29%]/			(as zinc amino acid chelate)		
1,500 mcg as beta-carotene [71%])			Selenium.....	40 mcg	73%
Vitamin C.....	500 mg	556%	(as selenium krebs**)		
(as ascorbic acid)			Copper.....	0.5 mg	56%
Vitamin D ₃	15 mcg (600 IU)	75%	(as copper amino acid chelate)		
(as cholecalciferol)			Manganese.....	4 mg	174%
Vitamin E.....	134 mg	893%	(as manganese		
(as d-alpha tocopheryl succinate)			aspartate/sulfate complex)		
Thiamine.....	10 mg	833%	Chromium.....	40 mcg	114%
Riboflavin/Riboflavin-5-Phosphate.....	10 mg	769%	(as chromium polynicotinate)		
Niacin/Niacinamide.....	25 mg	156%	Molybdenum.....	40 mcg	89%
Vitamin B ₆	10 mg	588%	(as molybdenum krebs**)		
(as pyridoxine HCl/			Potassium.....	50 mg	1%
pyridoxal-5-phosphate)			(as potassium aspartate/		
Folate (as Metafolin®, L-5-MTHF)....	1,112 mcg DFE	278%	ascorbate/chloride complex)		
(667 mcg L-5-MTHF)			Inositol.....	25 mg	*
Vitamin B ₁₂	50 mcg	2,083%	Citrus Bioflavonoids Complex.....	25 mg	*
(as cyanocobalamin)			Vanadium.....	10 mcg	*
Biotin.....	150 mcg	500%	(as vanadium krebs**)		
Pantothenic Acid.....	25 mg	500%	Boron.....	0.5 mg	*
(as calcium pantothenate)			(as boron aspartate/citrate complex)		
Choline.....	50 mg	9%	Trace Minerals.....	20 mcg	*
(from choline citrate/bitartrate)			(from seawater)		
Calcium.....	300 mg	23%	L-Cysteine/N-Acetyl-L-Cysteine.....	50 mg	*
(as calcium citrate/			Glutamic Acid.....	5 mg	*
ascorbate/carbonate complex)			Betaine.....	11 mg	*
Iodine.....	30 mcg	20%	(as betaine HCl)		
(from kelp)			Bromelain (2,400 GDU/g).....	50 mg	*
Magnesium.....	200 mg	48%			
(as magnesium aspartate/					
taurate/ascorbate/oxide complex)					

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, tablet coating [hydroxypropyl methylcellulose, starch (rice), gum acacia, glycerine, natural vanilla flavor, fruit and vegetable juice (natural colorant), spirulina extract (natural colorant), stearic acid, croscarmellose sodium, vegetable stearate, and silica