

**Suggested Usage:** As a dietary supplement, adults take 3 capsules, 1-2 times daily, or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202748 V1

# Cal/Mag Citrate

## Dietary Supplement

Mineral support for healthy bones†



250 Vegetarian Capsules

### Supplement Facts

Serving Size 3 Vegetarian Capsules  
Servings Per Container 83

	Amount Per Serving	%DV
Calcium (as calcium citrate) .....	240 mg	18%
Magnesium (as magnesium citrate) .....	240 mg	57%
% Daily Value (DV)		

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate

Manufactured by: Douglas Laboratories  
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