

CAUTION: Pregnant or lactating women and individuals taking blood-thinning medications, consult your healthcare professional before taking this product.

This product is intended to be used under the supervision of a healthcare professional and not intended for daily use. Vitamin D levels should be monitored while taking this product. Do not exceed recommended dose.

Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®
601 N Larch Street, Sisters, Oregon 97759
Contact # 800-772-7873
MetabolicMaintenance.com



METABOLIC
MAINTENANCE®

DIETARY SUPPLEMENT

Vitamin D-3
25,000 IU
with Vitamin K2 MK-7

60 CAPSULES

DIRECTIONS: Take one capsule weekly or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Vitamin D-3 (25,000 IU as Cholecalciferol)	625 mcg	3125%
Vitamin K-2 (as K2 MK-7)	45 mcg	38%

Other ingredients: vegetarian cellulose capsule, L-leucine

V-09