

**CAUTION:** Pregnant or lactating women, consult your healthcare professional before taking this product. Physician monitoring of vitamin D level recommended. Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

Manufactured in a GMP Compliant Facility  
Metabolic Maintenance®  
601 N Larch Street, Sisters, Oregon 97759  
Contact # 800-772-7873  
MetabolicMaintenance.com



**METABOLIC**  
MAINTENANCE®

DIETARY SUPPLEMENT

**Vitamin D-3**  
5,000 IU

90 CAPSULES

**DIRECTIONS:** One (1) capsule daily with a meal, or as directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Vitamin C (as Ascorbic Acid)	300 mg	333%
Vitamin D-3 (5,000 IU as Cholecalciferol)	125 mcg	625%

Other ingredients: vegetarian cellulose capsule, L-leucine

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