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Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by a health professional.

Warning: Use only under medical supervision. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202686 V1

Methyl Folate 5 mg

Dietary Supplement



60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Servings Per Container 60

	Amount Per Serving	%DV
Folate (as Metafolin®, L-5-MTHF).....	8,333 mcg DFE (5,000 mcg L-5-MTHF)	2,083%
% Daily Value (DV)		

Other ingredients: Microcrystalline cellulose and hydroxypropyl methylcellulose (capsule)

Manufactured by: Douglas Laboratories
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