

CAUTION: Pregnant or lactating women, consult your healthcare professional before taking this product.

Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®
601 N Larch Street, Sisters, Oregon 97759
Contact # 800-772-7873
MetabolicMaintenance.com



METABOLIC
MAINTENANCE®

DIETARY SUPPLEMENT

Selenium
200 mcg

90 CAPSULES

DIRECTIONS: One (1) capsule daily with a meal, or as directed by a healthcare professional.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Vitamin C (as Ascorbic Acid and Ascorbyl Palmitate)	250 mg	278%
Selenium (as L-Selenomethionine)	200 mcg	364%

Other ingredients: vegetarian cellulose capsule, L-leucine

V-14