

**CAUTION:** Pregnant or lactating women, consult your healthcare professional before taking this product. If you suffer from bipolar (manic) depression, do not use this product.

Keep tightly closed in a cool, dry place, out of the reach of children.

Moisture sensitive formula. Best consumed within 90 days after opening.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

Manufactured in a GMP Compliant Facility  
Metabolic Maintenance®  
601 N Larch Street, Sisters, Oregon 97759  
Contact # 800-772-7873  
MetabolicMaintenance.com



**METABOLIC**  
MAINTENANCE®

DIETARY SUPPLEMENT

**SAMe**  
200 mg

60 CAPSULES

**DIRECTIONS:** One to two (1-2) capsules daily, between meals, or as directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Calcium (as Calcium Citrate)	20 mg	2%
Magnesium (as Magnesium Bisglycinate)	20 mg	5%
SAMe (from 444 mg S-Adenosyl-L-methionine disulfate p-toluensulfonate, calcium chloride, calcium oxide)	200 mg	*

\*Daily Value not established for this ingredient

Other ingredients: L-leucine, vegetarian cellulose and gellan gum capsule

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