

CAUTION: Pregnant or lactating women, consult your healthcare professional before taking this product.

Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®
601 N Larch Street, Sisters, Oregon 97759
Contact # 800-772-7873
MetabolicMaintenance.com



METABOLIC
MAINTENANCE®

DIETARY SUPPLEMENT

Melatonin

2 mg

180 CAPSULES

DIRECTIONS: One (1) capsule at bedtime or as directed by a healthcare professional.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value
Melatonin	2 mg *
Glycine	210 mg *

*Daily Value not established for this ingredient

Other ingredients: vegetarian cellulose capsule

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