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Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 1 pack 30 minutes before breakfast and 1 pack 30 minutes before dinner with 8 ounces of water, or as directed by your health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition, particularly liver problems, or are taking any medication, particularly antidepressants or other psychiatric medications, consult your health professional before use.

Relora® is a Lonza trademark, registered in USA

MERATRIM. Meratrim® is a Laila Nutraceuticals trademark

Capsimax™ Capsimax™ is a trademark of OmniActive Health Technologies.

Super CitriMax. Super CitriMax® and ChromeMate® is a Lonza trademark, registered in USA

*Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill bottle in order to accommodate required labeling. Please rely on stated quantity.

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Formula #66885 V2

Metabolic Management Pack

Multi-nutrient Convenience Pack

Dietary Supplement

Support for healthy
weight management††



60 Packs

Supplement Facts

Serving Size 1 Pack
Each Pack Contains 2 Softgels and 3 Capsules
Servings Per Container 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories.....9		Relora®.....250 mg	*
Total Fat.....1 g	1% [^]	(a proprietary blend of an extract from <i>Magnolia officinalis</i> (bark) and a proprietary extract from <i>Phellodendron amurense</i> (bark))	
Thiamine.....5 mg	417%	Proprietary Herbal Blend.....200 mg	*
(as thiamine mononitrate)		Green Tea Extract (<i>Camellia</i> <i>sinensis</i> , leaf), <i>Eleutherococcus</i> <i>senticosus</i> (root), Cayenne (fruit), Gotu Kola (aerial parts), Beet Powder (root), Fo-Ti Root Powder (<i>Polygonum</i> <i>multiflorum</i> , root), Wood Betony (leaf/stem), Guarana Extract (seed)	
Riboflavin.....5 mg	385%	Capsaicinoids.....1 mg	*
Niacin (as niacinamide).....5 mg	31%	(from Capsimax™, providing capsaicin, dihydrocapsaicin, nordihydrocapsaicin)	
Vitamin B ₆ (as pyridoxine HCl).....5 mg	294%	Green Tea Extract.....0.5 mg	*
Folate (as folic acid).....167 mcg DFE	42%	(<i>Camellia sinensis</i> , leaf)	
(100 mcg folic acid)			
Vitamin B ₁₂ (as cyanocobalamin).....50 mcg	2,083%		
Chromium.....200 mcg	571%		
(as chromium picolinate and chromium polynicotinate, ChromeMate®)			
Safflower Oil Complex.....1,000 mg	*		
Providing:			
Conjugated Linoleic Acid.....770 mg	*		
Garcinia (<i>Garcinia cambogia</i> ,.....500 mg	*		
dried fruit rind, Super Citrimax®)			
Supplying:			
Hydroxycitric Acid (HCA).....300 mg	*		
Meratrim® Proprietary Blend....400 mg	*		
(<i>Sphaerantus indicus</i> (flower heads) extract, <i>Garcinia mangostana</i> (fruit rind) extract)			

Other ingredients: Microcrystalline cellulose, gelatin (capsule), hydroxypropyl methylcellulose (capsule), dicalcium phosphate, vegetable stearate, hydroxypropyl cellulose, silica, magnesium silicate, glycerin, water, carob extract and titanium dioxide