

DIRECTIONS: One (1) capsule daily with a meal, or as directed by a healthcare professional.

Keep tightly closed in a cool, dry place, out of the reach of children.

Moisture sensitive formula. Best consumed within 120 days after opening.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of an accidental overdose, call a doctor or poison control center immediately.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®
601 N Larch Street, Sisters, Oregon 97759
Contact # 800-772-7873
MetabolicMaintenance.com



METABOLIC
MAINTENANCE®

DIETARY SUPPLEMENT

Little One™

Children's
Multivitamin

90 CAPSULES

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	Amount Per Capsule	% Daily Value
Vitamin A 1500 mcg RAE (2500 IU as Natural Mixed Carotenoids and 2500 IU as Palmitate)	167%	Vitamin B-12 10 mcg (as Methylcobalamin)	417%
Vitamin C 75 mg (as Ascorbic Acid)	83%	Biotin 300 mcg	1000%
Vitamin D-3 20 mcg (800 IU as Cholecalciferol)	100%	Pantothenic Acid 25 mg (as Calcium D-Pantothenate)	500%
Vitamin E 40 mg (60 IU as d-alpha Tocopheryl Acid Succinate)	267%	Iron 9 mg (as Iron Bisglycinate)	50%
Thiamine 5 mg (as Thiamine Mononitrate)	417%	Iodine 100 mcg (as Potassium Iodide)	67%
Riboflavin 5 mg (as Riboflavin 5' Phosphate)	385%	Zinc 15 mg (as Zinc Citrate)	136%
Niacin 25 mg NE (as Niacinamide)	156%	Selenium 100 mcg (as L-Selenomethionine)	182%
Vitamin B-6 5 mg (as Pyridoxine HCl and Pyridoxal 5' Phosphate)	294%	Copper 2 mg (as Copper Gluconate)	222%
Folate 667 mcg DFE (400 mcg as L-5-Methylfolate, calcium salt)	167%	Manganese 1 mg (as Manganese Glycinate)	43%
		Chromium 100 mcg (as Chromium Polynicotinate)	286%
		Molybdenum 25 mcg (as Molybdenum Glycinate)	56%

Other ingredients: vegetarian cellulose capsule, L-leucine
Vitamin E is derived from soy oil