

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT  
PLEASE RECYCLE

**Recommendations:** 1-3 teaspoons daily  
with food or as directed by your  
healthcare professional.

**Warning:** If pregnant, consult your physician  
before taking.

CONTAINS NO HYDROGENATED OIL, ARTIFICIAL COLORING,  
FLAVORING OR PRESERVATIVES.

**TRIGLYCERIDE FORM/MOST BIOAVAILABLE**  
**Triple Molecularly Distilled**  
Nitrogen packed for stability  
Product of Norway

Independently tested for Dual Rancidity  
(Peroxides and Acid Value), Mercury, Lead,  
Arsenic, Cadmium, EPA and DHA levels,  
PCBs, Dioxin and Dioxin like compounds,  
stability and bacteria, yeast and mold counts.

REFRIGERATE AFTER OPENING

  
**VITAL**  
NUTRIENTS

Ultra Pure  
**Cod Liver Oil 1025**  
Pharmaceutical Grade



DIETARY SUPPLEMENT

200ml



LEMON  
FLAVOR

## Supplement Facts

serving size: 1 teaspoon (5ml)  
servings per container: 40

|                                 | amount<br>per serving | % daily<br>value |
|---------------------------------|-----------------------|------------------|
| Calories                        | 40                    |                  |
| Calories from Fat               | 40                    |                  |
| Total Fat                       | 4g                    | 8%†              |
| Saturated Fat                   | 0.5g                  | 1%†              |
| Polysaturated Fat               | 1.5g                  | †                |
| Monounsaturated Fat             | 2g                    | †                |
| Cholesterol                     | 15g                   | 5%               |
| Vitamin A (naturally occurring) | 1800IU                | 36%              |
| Vitamin D (naturally occurring) | 180IU                 | 45%              |
| Total Omega 3 Fatty Acids       | 1200mg                | *                |
| EPA (eicosapentaenoic acid)     | 320-510mg             | *                |
| DHA (docosahexaenoic acid)      | 460-640mg             | *                |
| Other Omega 3 Fatty Acids       | 100-300mg             | *                |

† Percent Daily Values are based on a 2000 calorie diet  
\* Daily Value not established

Other Ingredients: Natural Lemon Flavor, Rosemary Leaf Extract,  
Ascorbyl Palmitate, and Natural Tocopherols.  
(100% Genuine *Gadus morhua*)

manufactured for **VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA