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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

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FPO

GNC

VITAMIN
B-1
300 MG

Essential for proper nerve
& muscle function*

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 259512

JNG

Directions: As a dietary supplement, take one tablet daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)	300 mg	20000%
(as Thiamin Hydrochloride)		

Other Ingredients: Cellulose, Whole Brown Rice Powder (Dryox
active).

Potency verified by GNC procedure #5103. Confirms to USP
<2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No Wheat, No Gluten,
No Corn, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

Ko

ACTUAL
SIZE

*This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: