

**CAUTION:** Pregnant or lactating women, consult your healthcare professional before taking this product. Keep tightly closed in a cool, dry place, out of the reach of children.



Manufactured in a GMP Compliant Facility  
Metabolic Maintenance®  
601 N Larch Street, Sisters, Oregon 97759  
Contact # 800-772-7873  
MetabolicMaintenance.com



DIETARY SUPPLEMENT

Glycine Sticks  
3 grams

30 STICKS

**DIRECTIONS:** One (1) stick daily, or as directed by a healthcare professional. Pure glycine powder may be easily combined with water, fruit juice or other liquids.

### Supplement Facts

Serving Size: 1 Stick (3 grams)      Servings Per Container: 30

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
| Calories           | 10            |
| Glycine            | 3 g *         |

\* Daily Value not established for this ingredient