

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you should advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare professional prior to using this product. **WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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EST. 1982

FERMENTED IRON COMPLEX

FORMULATED FOR ABSORPTION

Blood Health*

VEGETARIAN
90
TABLETS

MADE WITH ORGANIC VEGETABLES & HERBS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
Vitamin C (as ascorbic acid from ferment media)	30 mg	33%
Vitamin E (as d-alpha-tocopheryl acetate from ferment media)	7.5 mg	50%
Folate (as folic acid from ferment media)	1333 mcg DFE	333%
Vitamin B12 (as cyanocobalamin from ferment media)	30 mcg	1250%
Iron (as ferrous fumarate from ferment media)	9 mg	50%
Zinc (as zinc oxide from ferment media)	5 mg	45%

Stress and Energy Support Blend (from ferment media) 93.7 mg •
Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)

Digestive Support Blend (from ferment media) 75 mg •
Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed),
Organic Cardamom (fruit), Organic Artichoke (leaf)

Ginger (rhizome) 1.6 mg aqueous extract and 0.4 mg organic supercritical extract 2 mg •

Organic Turmeric (rhizome) 1.3 mg from ferment media and 0.4 mg supercritical extract 1.7 mg •

• Daily Value (DV) not established

Other ingredients: Ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic alfalfa powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*], papain [deactivated], bromelain [deactivated]), organic gum acacia, silica, magnesium oxide, lac resin and carnauba wax.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA For questions or comments call 888-874-4461
Certified Organic by Where Food Comes From Organic, Castle Rock, CO, USA

6mm
2D code

Trim margin