

CAUTION: Pregnant or lactating women, consult your healthcare professional before taking this product.

Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

 **Quotrefolic**® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®
601 N Larch Street, Sisters, Oregon 97759
Contact # 800-772-7873
MetabolicMaintenance.com



DIETARY SUPPLEMENT

DIM Complex

Hormone Support*

60 CAPSULES

DIRECTIONS: One to two (1-2) capsules daily, or as directed by a healthcare professional.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
Vitamin C (as Ascorbic Acid)	120 mg	133%
Vitamin E (40 IU as d-Alpha Tocopheryl Acid Succinate)	27 mg	180%
Vitamin B-6 (as Pyridoxine HCl)	5 mg	294%
Folate (200 mcg as L-5-Methylfolate, glucosamine salt)	333 mcg DFE	83%
Vitamin B-12 (as Methylcobalamin)	200 mcg	8333%
Diindolylmethane (DIM)	100 mg	*
NAC (N-Acetyl-L-Cysteine)	100 mg	*
Citrus Bioflavonoids (standardized to 25% bioflavonoids)	100 mg	*
Calcium-d-Glucarate	100 mg	*

*Daily Value not established for this ingredient

Other ingredients: vegetarian cellulose capsule, L-leucine. Vitamin E is derived from soy oil.