

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, you should advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. **Keep out of reach of children.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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NEW CHAPTER®

EST. 1982

ONE DAILY EVERY WOMAN'S MULTIVITAMIN 55+

FORMULATED FOR ABSORPTION

Immune, Heart, Bone & Energy Support*

VEGETARIAN
30
TABLETS

MADE WITH ORGANIC VEGETABLES & HERBS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from ferment media) 450 mcg	50%	Iodine (as potassium iodide from ferment media) 75 mcg	50%
Vitamin C (as ascorbic acid from ferment media) 45 mg	50%	Magnesium (as magnesium oxide from ferment media and algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>]) 10 mg	2%
Vitamin D3 (as cholecalciferol from ferment media) 25 mcg (1000 IU)	125%	Zinc (as zinc oxide from ferment media) 5 mg	45%
Vitamin E (as d-alpha-tocopheryl acetate from ferment media) 7.5 mg	50%	Selenium (as selenium yeast from ferment media) 55 mcg	100%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2] from natto) 60 mcg	48%	Manganese (as manganese chloride from ferment media) 1 mg	43%
Thiamin (as thiamine hydrochloride from ferment media) 1.6 mg	133%	Chromium (as chromium chloride from ferment media) 17.5 mcg	50%
Riboflavin (from ferment media) 1.6 mg	123%	Molybdenum (as sodium molybdate from ferment media) 4.5 mcg	10%
Niacin (as niacinamide from ferment media) 16 mg	100%	Organic <i>Haematococcus pluvialis</i> algae Astaxanthin 2 mg	60 mg *
Vitamin B6 (as pyridoxine hydrochloride from ferment media) 4.3 mg	253%	Organic Turmeric (rhizome) powder (from ferment media) 42.5 mg	*
Folate (as folic acid from ferment media) 200 mcg DFE	50%	Digestive Support Blend (from ferment media) 37.5 mg	*
Vitamin B12 (as cyanocobalamin from ferment media) 10 mcg	417%	Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (fruit), Organic Artichoke (leaf)	
Biotin (from ferment media) 15 mcg	50%	Hormone Support Blend (from ferment media) 37.5 mg	*
Pantothenic Acid (as calcium D-pantothenate from ferment media) 5 mg	100%	Organic Chaste Tree (berry), Organic Red Clover (aerial parts), Organic Raspberry (leaf)	
Calcium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>]) 40 mg	3%		

* Daily Value (DV) not established

Other ingredients: Ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Lactobacillus rhamnosus*], papain [deactivated] and bromelain [deactivated]), organic gum acacia, silica, lac resin and carnauba wax.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA

Certified Organic by Where Food Comes From Organic, Castle Rock, CO, USA

Manufactured in the US from Globally Sourced Ingredients.

For questions or comments call 888-874-4461

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2D code