

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

**DIM**

**(DIINDOLYLMETHANE)**

**200 MG • 60 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin E (as d- <i>alpha</i> tocopheryl succinate)	36 mg	245%
Diindolylmethane (DIM)	200 mg	†
Lecithin (from soybeans)	200 mg	†
Black Pepper Fruit Ext. (BioPerine®)	5 mg	†
†Daily Value not established.		

Other ingredients: microcrystalline cellulose, stearic acid, magnesium stearate, modified cellulose gum, and silica.

**Contains soy.**

DIM is an indole phytochemical that is a natural metabolite of compounds found in cruciferous vegetables such as broccoli, Brussels sprouts and cabbage. In preclinical studies, DIM has been shown to lead to the preferential formation of estrogen metabolites that are correlated with healthy breast, endometrial, and cervical tissues. This unique property sets DIM apart from other plant nutrients. Source Naturals DIM is formulated with phospholipids, vitamin E and BioPerine®.\*

**Suggested Use:** 1 tablet 1 to 2 times daily with meals.

**WARNING:** Do not take this product if you are pregnant, may become pregnant, or breastfeeding, or are taking immunosuppressive therapies.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten or wheat. Contains no starch, preservatives, or artificial color, flavor or fragrance.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:  
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