DAVID PERLMUTTER, M.D.



America's Brain-Health Expert, a Board-Certified

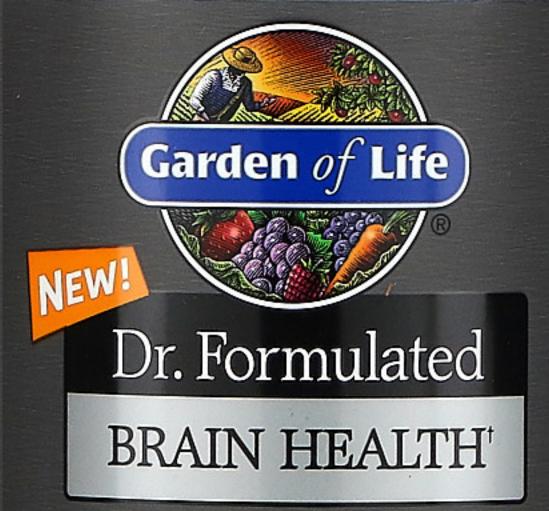
Neurologist, #1 New York
Times best-selling author,
Fellow of the American College
of Nutrition, and expert in the
human MICROBIOME.

Quickly Digested, Absorbed & Converted into Energy[†]

Medium chain triglycerides (MCTs) are naturally found in coconut oil and are fast fuel for Body and Brain.

- 13g of MCTs (including caprylic and capric acids) per serving
- Only from sustainably grown organic coconuts
- No palm oil or other filler oils
- Hexane-Free
- Non-Hydrogenated, Og Trans Fat
- Paleo & Ketogenic diet-friendly

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



100% ORGANIC COCONUT MCGTOCOLUT OGGENIC COCONUT OGGENI

UNFLAVORED





FAST FUEL for BODY & BRAIN

MEDIUM CHAIN

13g

TRIGLYCERIDES

32 FL OZ (946 mL) DIETARY SUPPLEMENT



Suggested Use: Take 1 Tbsp. Try in coffee, shakes, yogurt or on salads. Not intended for cooking.

Supplement Facts

Serving Size 1 Tbsp (15mL) Servings Per Container Approximately 63

	Amount Per Serving	% Daily Value	
Calories	130		
Total Fat	14 g	17%*	
Saturated Fat	14 g	70%*	
Trons Fat	0 g	+	
Polyunsaturated Fat	0 g	+	
Monounsaturated Fat	0 g	+	
Cholesterol	0 mg	0%	
Medium Chain Triglycerides (MCTs)	13 g**	+	
C8:0 - Caprylic Acid	7g**		
C10:0 - Capric Acid	5 g**		
C12:0 - Lauric Acid	1g**		
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*Percent Daily Values are based on a 2,000 calorie diet. +Daily Value not established.

INGREDIENTS: 100% Organic Coconut Medium Chain Triglycerides.

**Naturally occurring. No refrigeration required.

Keep out of reach of children.

Do not use if safety seal is broken or missing. Contains no artificial colors, flavors, sweeteners or preservatives.



GF Gluten-Free



BPA FREE



We Buy 100% Certified Renewable Energy



Distributed by Garden of Life LLC

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Palm Beach Gardens, FL 33410 USA
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www.gardenoflife.com

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