

**SOURCE NATURALS®**

**VEGAN  
FORMULA**



DIETARY SUPPLEMENT

# B-12 FAST MELT™

**METHYLCOBALAMIN  
FOR ENERGY AND NERVE HEALTH\***

**5 MG • 60 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-12 (as methylcobalamin)	5 mg	208,333%

Other ingredients: mannitol, microcrystalline cellulose, hydroxypropyl cellulose, modified cellulose gum, natural black cherry and peach flavors, magnesium stearate, citric acid, and stevia extract.

**Suggested Use:** 1 tablet daily. Place in mouth, allow tablet to dissolve, and swallow.

**NOTE:** If you are pregnant, may become pregnant, or breast-feeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians and vegans. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

B-12 FAST MELT™ contains an active coenzyme form of vitamin B-12 instead of the more commonly available cyanocobalamin form. B-12 FAST MELT is a quick-dissolving and easily absorbed Coenzymated™ form of vitamin B-12 for energy and nerve health support. Vitamin B-12 is normally found in meat, seafood, eggs and dairy. B-12 FAST MELT is an excellent source of B-12 for vegans and older adults. Persons over 60 tend to have less stomach acid, resulting in less absorption of B-12. The FAST MELT formulation compensates with easy B-12 absorption. B-12 is essential for healthy function of red blood cells, regulation of normal homocysteine levels and the production of SAME, the body's main methyl donor.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
© SOURCE NATURALS, INC. SN2462  
P.O. BOX 2118, SANTA CRUZ, CA 95062 REV H172  
www.sourcenaturals.com



FG-91572 BEST IF USED BY 12 21