

**equate™**

Compare to  
Flintstones™  
Complete  
Gummies\*

# Children's Multivitamin Gummies

Multivitamin  
Dietary Supplement

Excellent Source of Vitamin D

- Natural fruit flavors  
with other natural flavors
- No artificial preservatives



180  
GUMMIES

## Supplement Facts

Serving Size: **1 Gummy** **2 Gummies**  
Servings Per Container: 180 for 2-3 Years Old 90 for 4 Years and Older

	Amount Per Serving	% Daily Value 2-3 Yrs.	Amount Per Serving	% Daily Value 4 Yrs. & Older
Calories	5		10	
Total Carbohydrate	1 g	1%†	2 g	1%**
Total Sugars	<1 g	‡	2 g	‡
Includes Added Sugars	<1 g	4%†	2 g	4%**
Vitamin A	200 mcg	67%	400 mcg	44%
Vitamin C	15 mg	100%	30 mg	33%
Vitamin D	7.5 mcg	50%	15 mcg	75%
Vitamin E	3.5 mg	58%	7 mg	47%
Vitamin B <sub>6</sub>	0.3 mg	60%	0.6 mg	35%
Folate	100 mcg DFE (60 mcg Folic Acid)	67%	200 mcg DFE (120 mcg Folic Acid)	50%
Vitamin B <sub>12</sub>	0.6 mcg	67%	1.2 mcg	50%
Biotin	6 mcg	75%	12 mcg	40%
Pantothenic Acid	1.5 mg	75%	3 mg	60%
Iodine	45 mcg	50%	90 mcg	60%
Zinc	2.5 mg	83%	5 mg	45%

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Percent Daily Values are based on a 1,000 calorie diet.

‡ Daily Value not established.

**INGREDIENTS:** GLUCOSE SYRUP, SUCROSE, GELATIN, ASCORBIC ACID, NATURAL FLAVORS, COLORS ADDED (PURPLE CARROT JUICE CONCENTRATE, ANNATTO), DL-ALPHA TOCOPHERYL ACETATE, D-CALCIUM PANTOTHENATE, ZINC SULFATE, FRACTIONATED COCONUT OIL (CONTAINING ONE OR MORE OF THE FOLLOWING: CARNAUBA WAX, BEESWAX), CITRIC ACID, LACTIC ACID, RETINYL ACETATE, PYRIDOXINE HYDROCHLORIDE, POTASSIUM IODIDE, FOLIC ACID, CHOLECALCIFEROL, BIOTIN, CYANOCOBALAMIN.