

Natrol® Sleep+ Recovery

helps support recovery from daily activity and ease you to sleep.†

A powerful blend
to help you wake
up refreshed†

NATROL®

SLEEP+ RECOVERY

Melatonin + Turmeric,
Antioxidant Blend

What's Inside:



Melatonin
for better sleep†



Turmeric
to help a healthy
inflammatory
response†



Antioxidant Blend
powerful blend of
Quercetin, Green Tea
and Blueberry

Natrol® Sleep+ Recovery capsules:



Non-GMO



No Artificial Flavors,
Sweeteners or
Preservative



Vegetarian

Supports
revitalizing sleep†

Helps support a healthy
inflammatory response†

100% Drug-free

NATROL®

30 CAPSULES
DIETARY SUPPLEMENT

#1
DRUG
FREE
SLEEP
AID
BRAND*

Directions: Take 1 capsule 20-30 minutes
before bedtime.

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 30

Amount Per Serving	%DV
Turmeric Extract (<i>Curcuma longa</i>) (rhizome) (95% curcuminoids)	500 mg *
Antioxidant Blend (Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Blueberry Extract (<i>Vaccinium angustifolium</i>) (fruit), Quercetin, Resveratrol (<i>Polygonum cuspidatum</i>) (root))	25 mg *
Melatonin	6 mg *
Black Pepper Extract (<i>Piper nigrum</i>) (fruit) (95% piperine)	5 mg *

*Daily Value (DV) not established.

Other Ingredients: Hypromellose, Microcrystalline Cellulose, Tapioca Starch, Silicon Dioxide, Magnesium Stearate, Maltodextrin.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame.

WARNING: This product is not intended to treat insomnia. Do not take while operating machinery or driving a vehicle. Consult a physician before using this product if you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, or are between the ages of 12-17. Not for use by children under the age of 12.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Manufactured for NATROL LLC, Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765) • www.natrol.com

^ Nielsen xAOC, 52 weeks ending 09/11/21

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

APPROX.
FILL LINE