

Whitaker Nutrition's **Beyond™ Ashwagandha** has been formulated with ashwagandha and saffron to support mood, stress relief, focus concentration, and sleep quality when you're stressed.†

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Sensoril® is a registered trademark of Natreon, Inc., and the product is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478.

Clear'Saff™ is a trademark of Healthy Directions.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



WHITAKER NUTRITION™

Beyond Ashwagandha

FOR OVERALL EMOTIONAL
WELL-BEING, HEALTHY MOOD,
AND STRESS RELIEF†

Includes 250 mg Sensoril®
ashwagandha plus Clear'Saff™
saffron extract

Dietary Supplement

30 CAPSULES

Suggested Use: Take 1 vegetarian capsule once daily with a meal.

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 30

Amount Per Serving

Ashwagandha Extract (root and leaf)(Sensoril®)	250 mg	*
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L-Theanine	200 mg	*
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Saffron Extract (stigma)(Clear'Saff™)	30 mg	*
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*Daily Value not established.

Other ingredients: Hypromellose, microcrystalline cellulose, magnesium stearate

Distributed by
Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Please see bottom of bottle
for Lot No. and Expiration Date.

SKU: SAF 02 C11000, 2022 R-1

Almost Out? Call **1-800-722-8008**
or visit healthydirections.com
Choose **REFILL & SAVE** and Never Run Out!