



DOCTOR-FORMULATED



TRIPLE TESTED



cGMP



GLUTEN FREE

Doctor-Developed for Real Blood Sugar Results

Julian Whitaker, MD is a pioneer and trusted authority of integrative medicine. Over 40 years of research and clinical experience led him to develop a unique formula that combines internationally sourced botanical and mineral ingredients to provide healthy blood sugar support.^{***}



BLOOD SUGAR
BALANCE™



BLOOD GLUCOSE
LEVELS™



GLYCEMIC
CONTROL™

Total Quality Promise

Glucose Essentials® is formulated to meet stringent quality standards, with thoroughly screened raw materials, 100% finished goods batch testing, and independent verification of purity and potency.[†]



[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

^{***}Healthy support for levels already within the normal range.



WHITAKER NUTRITION

Glucose Essentials®

Blood sugar support formula featuring GS4® gymnema and vanadyl sulfate, plus Portusana® and banaba leaf[†]



BLOOD
SUGAR



GLUCOSE
METABOLISM

Dietary Supplement

90 Capsules

Doctor's Suggested Use: Take 3 capsules daily—1 before each meal. Do not exceed 3 capsules daily or take additional vanadyl sulfate without consulting a health care professional.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving	% DV
Chromium (as chromium polynicotinate)	67 mcg 191%
Indian Kino Tree Extract (heartwood and bark) (Sibinol®)	150 mg *
Gymnema Extract (leaf)(GS4 Plus®)	133 mg *
Purslane Extract (leaf)(Portusana®)	60 mg *
Vanadyl Sulfate	33 mg *
Banaba Extract (leaf)	18 mg *

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, dextrin, magnesium stearate, magnesium carbonate, gum acacia, silica

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care professional before use if you are on insulin treatment, take oral hypoglycemic agents, are pregnant or lactating, or taking any other medications. This product may cause a harmless darkening of stools. Use may also cause gastrointestinal upset including loose stools, abdominal discomfort, or nausea. If symptoms persist, consult a health care professional.

Keep out of reach of children.

Sibinol® (Indian Kino Tree Extract) is a registered trademark of Sabinsa Corporation. GS4 Plus® (Gymnema Extract) is a registered trademark of Sabinsa Corporation. Portusana® is a registered trademark of Frutarom.

 www.healthydirections.com

 **1-800-722-8008**



Please see bottom of carton for Lot No. and Expiration Date

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Care for Your
Blood Sugar
Every Day.