Suggested Use: Dissolve 1 wafer in 8 ounces of warm water every 3 to 4 hours at the first sign of imbalance or before exposure to crowded environments such as Offices, restaurants and airplanes. Do not exceed 4 wafers daily.

CAUTION: If you are pregnant, may become pregnant, breastfeeding, taking any prescription drugs or have a medical condition, consult your health care professional before using this product.

Do not use if tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Supplement Facts

Serv. Size: 1 Wafer. Amount Per Serving: Calories 5. Total Carb. 1g (<1%* DV). Vitamin A (as palmitate) 1,500mcg (167%DV), Vitamin C (from ascorbic acid), 1,000mg (1,111%DV), Zinc (as zinc gluconate) 12mg (109%DV). Vitamin E (as d-alpha tocopheryl succinate) 20mg (133%DV), Selenium (as sodium selenite) 40mcg (73%DV). Sodium 261mg (11%DV), Elderberry Fruit Extract Extract 200ma Yin Chiao Complex 170mg (Forsythia Fruit, Japanese Honeysuckle Flower, Platycodon Root, Chinese Mint Aerial Parts, Lophatherum Leaf, Chinese Licorice Root and Rhizome, Schizonepeta Aerial Parts, Prepared Soybean, Burdock Fruit, and Phragmites Rhizome), Echinacea purpurea Root Extract 100mg, Horehound Aerial Parts Extract 30mg, Elecampane Root Extract 20mg, Isatis Root Extract 20mg, Isatis Leaf Extract 20mg, Cinnamomum spp. Bark Ext. 15mg, Kudzu Root Ext. 15mg. *Percent Daily Values (%DV) are based on a 2,000 calorie diet

Other ingredients: sodium bicarbonate and carbonate, tartaric aold, citric acid, modified cellulose gum, stevia leaf extract, stearic acid, natural black cherry flavor, black currant dried juice, natural rasp-berry and peach flavors, and silica.

Contains soy.