



PHYTO-CAPLET

Supplement Facts

Serving Size 1 Caplet
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C (as calcium ascorbate and acerola cherry)	61 mg	100%
Calcium (as calcium carbonate)	200 mg	20%
Potassium (as potassium chloride)	50 mg	<2%

Proprietary Master Formula Tablet Blend: 208 mg **

Spectra® Fruit, Vegetable, and Herb Blend:	100 mg	**
Coffea arabica fruit extract, Broccoli (Brassica oleracea italica) seed concentrate, Camellia sinensis leaf extract, Onion (Allium cepa) bulb extract, Apple (Malus domestica) fruit skin extract, Acerola (Malpighia glabra) fruit extract, Camu-camu (Myrcianthus dubia) fruit concentrate, Japanese saphora (Sophora japonica) flower extract, Tomato (Lycopersicon esculentum) fruit concentrate, Broccoli (Brassica oleracea italica) floret and stem concentrate, Cabbage palm (Euterpe oleracea) fruit concentrate, Turmeric (Curcuma longa) root concentrate, Garlic (Allium sativum) clove concentrate, Basil (Ocimum basilicum) leaf concentrate, Oregano (Origanum vulgare) leaf concentrate, Cassia (Cinnamomum cassia) branch/stem concentrate, European elder (Sambucus nigra) fruit concentrate, Carrot (Daucus carota sativa) root concentrate, Mangosteen (Garcinia mangostana) fruit concentrate, Black currant (Ribes nigrum) fruit extract, Blueberry (Vaccinium angustifolium) fruit extract, Sweet cherry (Prunus avium) fruit concentrate, Blackberry (Rubus fruticosus) fruit concentrate, Chokeberry (Aronia melanocarpa) fruit concentrate, Raspberry (Rubus idaeus) fruit concentrate, Spinach (Spinacia oleracea) leaf concentrate, Collards (Brassica oleracea acephala) leaf concentrate, Bilberry (Vaccinium myrtillus) fruit extract, Brussels sprout (Brassica oleracea gemmifera) head concentrate		

**Daily Value (DV) not established.

MICRONIZED NUTRIENT CAPSULE

Supplement Facts

Serving Size 2 Veggie Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (from beta-carotene)	4500 IU	90%
Thiamin (vitamin B1 from organic food blend)	11 mg	730%
Riboflavin (vitamin B2 from organic food blend)	10 mg	590%
Niacin (vitamin B3 as niacinamide from organic food blend)	17 mg	90%
Vitamin B6 (pyridoxine from organic food blend)	11 mg	550%
Folate (vitamin B9 from organic food blend)	350 mcg	90%
Vitamin B12 (as methylcobalamin)	12 mcg	200%
Biotin	300 mcg	100%
Pantothenic Acid (vitamin B5 from organic food blend)	19 mg	190%
Iron (as ferrous bisglycinate chelate)	10 mg	60%
Magnesium (as magnesium glycinate chelate)	60 mg	15%
Zinc (as zinc glycinate chelate)	15 mg	100%
Selenium (as selenium amino acid complex)	75 mcg	110%
Copper (as copper glycinate chelate)	350 mcg	20%
Manganese (as manganese glycinate chelate)	2 mg	100%
Chromium (as chromium nicotinate glycinate chelate)	120 mcg	100%
Molybdenum (as molybdenum glycinate chelate)	75 mcg	100%

Proprietary Master Formula Capsule Blend: 42 mg **

Atlantic kelp, Inositol, PABA (Para amino benzoic acid), Spirulina algae, Barley grass, Citrus bioflavonoids (from Lemon (Citrus limon) whole fruit powder, Orange (Citrus sinensis) whole fruit powder, Lime (Citrus aurantifolia) whole fruit powder, Tangerine (Citrus reticulata) whole fruit powder, Grapefruit (Citrus paradisi) whole fruit powder), Orange (Citrus sinensis) fruit powder, NingXia wolfberry (Lycium barbarum) fruit powder, Olive (Olea europaea) leaf extract, Boron citrate, Lycopene

**Daily Value (DV) not established.

LIQUID VITAMIN CAPSULE

Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (from beta-carotene)	500 IU	10%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	170%
Vitamin K (k2 as menaquinone-7)	50 mcg	60%

Proprietary Master Formula Essential Oil Blend: 7.5 mg **

Turmeric (Curcuma longa) root oil, Cardamom (Elettaria cardamomum) fruit/seed oil, Clove (Syzygium aromaticum) flower bud oil, Fennel (Foeniculum vulgare) seed oil, Ginger (Zingiber officinale) root oil

**Daily Value (DV) not established.

DIRECTIONS

Take 1 packet (1 liquid capsule, 1 caplet, 2 capsules) daily with water or with 1–2 oz. of NingXia Red®.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Other Ingredients: Liquid Liquid Vitamin Capsule: Sunflower lecithin (non-GMO), Hypromellose

Micronized Nutrient Capsule: Hypromellose, Magnesium stearate (Vegetable source), Silicon dioxide, Microcrystalline cellulose

Phyto-Caplet: Microcrystalline cellulose, Stearic acid, Croscarmellose sodium, Organic maltodextrin, Silicon dioxide, Organic sunflower lecithin, Organic palm olein, Organic guar gum