

FINEST[®] NUTRITION

Cod Liver Oil

Good source of Vitamin D
Excellent source of Vitamin A

415 mg PER SERVING

VISION HEALTH*

300 SOFTGELS

DIETARY SUPPLEMENT

USE ONLY IF INNER SEAL IS NOT BROKEN OR MISSING.

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel three times daily with the meals of your choice.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Cholesterol	<5 mg	<1%
Vitamin A (as Retinyl Palmitate)	375 mcg	42%
Vitamin D (as D3 Cholecalciferol)	3.37 mcg (135 IU)	17%
Cod Liver Oil	415 mg	**
provides 90 mg of Total Omega-3 Fatty Acids† comprising of:		**
EPA (Eicosapentaenoic Acid)	37 mg	**
DHA (Docosahexaenoic Acid)	36 mg	**
Other Fatty Acids		**

**Daily Value not established.

OTHER INGREDIENTS: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.
Contains fish (cod) ingredients.
†As Natural Triglycerides

WARNING: If you are pregnant, nursing a baby or considering becoming pregnant, ask a doctor before using this product. If you are taking medication, including blood thinners, have any medical condition, are facing surgery or have bleeding problems, consult your physician before taking this product.

Keep out of reach of children.

Store at room temperature, tightly closed.

Cod Liver Oil is a source of Vitamins A and D. Vitamin D helps maintain bones and a healthy immune system.* Vitamin A assists in many other bodily functions, such as eyesight and skin maintenance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.