



Finest Nutrition Melatonin 5mg Timed Released 90.0ea

Warnings

Keep out of the reach of children. Store at 15- 30C (59- 86F). Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing. Warning: Take at bedtime only. Melatonin can induce drowsiness and sleep. Pregnant or nursing women, individuals taking sedatives or other medication(s), or persons who have a health condition or are experiencing long-term sleep difficulties should consult their physician before using this product. Do not use alcohol, drive a vehicle or operate machinery while taking this product. Do not use prior to surgery. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- No artificial colors or flavors
- No sugar
- No gluten
- No lactose

Ingredients

Dicalcium Phosphate, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Pyridoxine Hydrochloride, Stearic Acid, Contains 2% or less of: carnauba wax, magnesium stearate, melatonin, polyethylene glycol, silica

		Melatonin 5mg Timed Released	
Serving Size	1 Tablet		
Serving Per Container			
	Amount per Serving	%DV	
Melatonin	5mg		
Vitamin B6	10mg	588	