



Finest Nutrition Free & Pure B-Complex with Vitamin C 100.0ea

Supplement Facts		
Serving Size: 1 Tablet		
Servings Per Container: 100		
Amount Per Serving	% Daily Value **	
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin E (as DL-alpha-tocopheryl acetate)	20 mg	133%
Thiamin (as thiamine hydrochloride)	10 mg	833%
Riboflavin	10 mg	769%
Niacin	100 mg NE	625%
Vitamin B ₆ (as pyridoxine hydrochloride)	5 mg	294%
Folate (as folic acid)	667 mcg DFE	167%
	400 mcg Folic Acid	
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg	500%
Biotin (as D-biotin)	45 mcg	150%
Pantothenic Acid (as calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	1 mg	<1%
Inositol	1 mg	*
PABA (P-Amino Benzoic Acid)	1 mg	*
* Daily Value not established		
** Percent Daily Values are based on a 2,000 calorie diet		

Warnings

DO NOT USE IF INNER SEAL IS BROKEN KEEP OUT OF REACH OF CHILDREN.

Ingredients

Cellulose, bamboo extract, maltodextrin, cellulose gum, magnesium stearate (vegetable source), mannitol, stearic acid (vegetable source), polyethylene glycol, carnauba wax