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Store away from heat & light

Keep Out of the Reach of Children

before taking during pregnancy.

Caution: Seek expert medical advice

per day. Best taken between meals.
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times

SHAKE WELL BEFORE USING

SUGGESTED USE

018



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

CALM BREATHING™

RESPIRATORY SYSTEM*

Calm Breathing™

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Proprietary extract blend:	630 mg Ⓢ †
Kheila seed (<i>Ammi visnaga</i>) Ⓢ	Skunk Cabbage rhizome with root (<i>Symplocarpus foetidus</i>) Ⓢ
Grindelia budding & flowering tops (<i>Grindelia integrifolia</i>) Ⓢ Ⓢ	Turmeric rhizome (<i>Curcuma longa</i>) Ⓢ
Thyme flowering aerial parts (<i>Thymus vulgaris</i>) Ⓢ	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (60-70%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic Ⓢ Responsibly Wildcrafted
Ⓢ Fresh (undried) Ⓢ Extraction rate 84 mg fresh herb & 149 mg dry herb per 0.7 ml.

HERB PHARM • WILLIAMS, OR 97544
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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.