

Centaurea benedicta

BLESSED THISTLE

OPTIMAL WELL-BEING *



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Adults: Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 4 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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Blessed Thistle Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Blessed Thistle flowering aerial parts
(*Centaurea benedicta*) extract

664 mg †

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (43-53%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

Prepared from the flowering aerial parts of **certified organically grown** *Centaurea benedicta* plants.

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Certified organic by Organic Certifiers

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

