

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT  
PLEASE RECYCLE

**Recommendations**

1-2 capsules twice daily or as directed  
by your healthcare professional.

**Warning**

If pregnant, consult your physician  
before taking.

CONTAINS NO COATINGS, BINDERS, YEAST,  
WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN,  
EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL  
COLORING, ARTIFICIAL FLAVORING, OR  
PRESERVATIVES.

Metafolin® is a registered trademark  
of Merck KGaA, Darmstadt, Germany

MADE IN THE USA

Independently tested for authenticity,  
potency, heavy metals, solvent residue,  
herbicide & pesticide residue, aflatoxins,  
stability and bacteria, yeast and mold counts.

† These statements have not been evaluated by the Food  
and Drug Administration. This product is not intended to  
diagnose, treat, cure or prevent any disease.



**VITAL**  
NUTRIENTS

# Hormone Balance

*Hormone Metabolism Support for Women and Men†*



cGMP

DIETARY SUPPLEMENT

120 CAPSULES

## Supplement Facts

serving size: 2 capsules • servings per container: 60

	amount per serving	% daily value
Vitamin B6 (as pyridoxine HCl)	40mg	2000%
Folate (as L-5-MTHF) Metafolin®	200mcg	50%
Vitamin B12 (as methylcobalamin)	200mcg	3333%
Magnesium (as magnesium citrate)	24mg	6%
Diindolylmethane (DIM)	100mg	*
Broccoli Sprout Powder	100mg	*
SDG (secoisolariciresinol diglycoside)	54mg	*
from Flax Lignan Powder; 4 caps=2 tbslp of flaxseed powder		
Curcuma longa Rhizome Extract	100mg	*
(total Curcuminoids min. 85-90% by HPLC)		
Green Tea Leaf Extract 80%	50mg	*
Rosemary Leaf Extract	50mg	*
Black Pepper Fruit/Berry Extract	2.5mg	*
(Bioperine® piperine)		
Trans Resveratrol	10mg	*

\* Daily Value not established

Other Ingredients: Gelatin Capsule, Leucine, and Silica.

manufactured by  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA