

Suggested Usage: Mix 1 scoop daily (5 grams*) in approximately 2 oz. of room temperature water or juice. Add an additional 6-8 oz of room temperature water or juice and mix well (for best results, mix in a blender bottle). Drink on an empty stomach at least 1 hour before or 2 hours after meals, or as recommended by a healthcare professional. Avoid taking with other foods containing protein as they may interfere with collagen absorption.

Collagen is the fundamental structural protein found in joints, bones, skin, nails and other connective tissues. It is responsible for maintaining the strength, elasticity and flexibility of these tissues found throughout the body.

Our wild-caught marine collagen is made from the skin of deep sea, cold water species and is enzymatically hydrolyzed (broken down) into amino acid peptides in order to assist with absorption and bioavailability. When taken as a dietary supplement, regular consumption of the collagen peptides may provide the fundamental building blocks to help support healthy joints, bones, skin, hair & nails.*

Aroma, color, consistency and taste may vary. Color shift is normal and cannot be avoided. Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

THIS PRODUCT IS PACKAGED AND SOLD BY WEIGHT, NOT BY VOLUME. SETTLING OF CONTENTS OCCURS OVER TIME.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

Hydrolyzed Marine Collagen Peptides

Support for Healthy Hair, Skin, Nails,
Joints & Bones*

Bioavailable • Wild Caught • Unflavored

Net Wt. 7.05 oz (200g)
Dietary Supplement

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



Supplement Facts

Serving Size 1 Scoop (5 grams*)
Servings Per Container About 40

	Amount Per Serving	% Daily Value
Calories	20	
Protein	4 g	<1%**
Sodium	10 mg	<1%
Hydrolyzed Marine Collagen Peptides	5 g	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Contains: FISH (One or more of the following: Cod, Haddock, or Pollock)

*5 grams per scoop is an average. Individual scooping technique may yield slightly less than or slightly more than 5 grams

This product is not manufactured with milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.