Sugested Usage: Take 6 tablets daily, on an empty stomach at least 1 hour uter or 2 hours after meals. Best when taken as directed by a qualified teathcare professional. Avoid taking with other foods containing protein as tey may interfere with collagen absorption.

Collegen is the primary structural protein found in joints, bones, skin, nails and the comedity tissues. It is responsible for maintaining the strength and elabitiy levibility of these tissues found throughout the body.

Or indivised Collagen + Vitamin C contains unique, enzymatically highdrad, low milecular weight Collagen Peptides with Vitamin C. This poxt provides milecular weight Collagen Peptides with Vitamin C. This poxt provides milecular than 1997 to the control of the collagen Peptides of the collagen is enzymatically hydrolyzed (province down) fibamin and peptides in order to assist with absorption/piolavailability.

Arms and color may vary. Color shift is normal and cannot be avoided. Ballst chipping may occur and is normal as our tablets are not coated. Duble seekly sealed, with outer shrink wrap film and inner bottle may be seekly sealed, with outer shrink wrap film and inner bottle seekly sealed, with outer shrink wrap film and inner bottle seekly sealed, with outer to shrink out to shrink with the sealed with the sealed sealed with the sealed sealed with the sealed se

These stalements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## CALIFORNIA GOLD NUTRITION®

## Collagen +VITAMINC

Type I & III Hydrolyzed Collagen Peptides plus Vitamin C

Support for Healthy Hair, Skin, Nails, Joints & Bones\*



250 Tablets Dietary Supplement



## Supplement Facts

Serving Size 6 Tablets Servings Per Container About 42

	Amount Per Serving	%Daily Valu
Calories	20	
Protein	5 g	<1%
Vitamin C (as Calcium Ascorbate)	60 mg	679
Sodium	20 mg	1%
Hydrolyzed Collagen Peptides	6 g	†

"Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Stearic Acid, Magnesium Stearate, and Silicon Dioxide (Silica)

This product is not manufactured with milk, eggs, fish, crustacean shellish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.