

Manufactured in Canada for: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, children ages 8 and up, take 1 gummy daily, 30-60 minutes before bedtime. Adults, take 2 gummies daily, 30-60 minutes before bedtime.

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids.

MicroActive® is a registered trademark of BioActives, LLC.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202730 V1

Goodnight Gummy™

Dietary Supplement

Promotes relaxation and restful sleep†

Natural Raspberry Tea Flavor



60 Gummies

Supplement Facts

Serving Size	1 Gummy (2.2 g) (ages 8-18)		2 Gummies (4.4 g) (Adults)	
Servings Per Container	60		30	
Amount Per Serving		%DV	Amount Per Serving	%DV
Calories	5		10	
Total Carbohydrate	2 g	<1% [^]	3 g	1% [^]
Total Sugars	<1 g	*	1 g	*
Includes <1 g of Added Sugars (1 gummy)		<1% [^]		
Includes 1 g of Added Sugars (2 gummies)				1% [^]
Vitamin B ₆ (as pyridoxine HCl)	1.5 mg	88%	3 mg	176%
Sodium	10 mg	<1%	15 mg	<1%
Melatonin (as MicroActive® melatonin sustained-release complex)	0.5 mg	*	1 mg	*
Lemon balm (<i>Melissa officinalis</i>) extract (leaf)	20 mg	*	40 mg	*
L-Theanine	75 mg	*	150 mg	*
*Daily Value (DV) not established				
[^] Percent Daily Values are based on a 2,000 calorie diet				

Other ingredients: Isomalto-oligosaccharides, purified water, organic cane sugar, pectin, natural raspberry and black tea flavor with other natural flavors, citric acid, hypromellose, sodium citrate, sodium alginate, microcrystalline cellulose, black carrot powder (color), coating (organic sunflower oil, organic carnauba wax), organic stevia leaf extract



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