

**Suggested Use:** Take 1 softgel two times daily, preferably with meals, as a dietary supplement, or as directed by a physician.

**Warning:** If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store at room temperature.

**KEEP OUT OF REACH OF CHILDREN**

Any Questions? 1-800-644-8327

Website: [www.botanicchoice.com](http://www.botanicchoice.com)

Herbal Supplement

# Chia Seed Oil

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*Cardiovascular  
Support\**

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1000 mg.

60 Softgels

## Supplement Facts

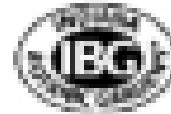
Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Chia Oil (seed) which typically contains:	1,000 mg (1 g) †
Alpha Linolenic Acid 600 mg	†
Linoleic Acid 150 mg	†
Oleic Acid 50 mg	†

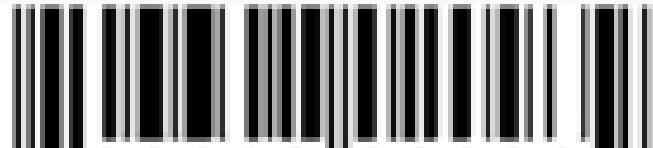
† Daily Value not established.

Other ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color, Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.  
3401 W. 37th Ave. Hobart, IN 46342



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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