

**Suggested Use:** Take 1 softgel two times daily, preferably with meals, as a dietary supplement, or as directed by a physician.

**Warning:** If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store at room temperature.

**KEEP OUT OF REACH OF CHILDREN**

**Any Questions? 1-800-644-8327**

**Website: [www.botanicchoice.com](http://www.botanicchoice.com)**

Herbal Supplement

# Chia Seed Oil

## Cardiovascular Support\*

1000 mg.  
60 Softgels

### Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Chia Oil (seed)	1,000 mg (1 g)	†
which typically contains:		
Alpha Linolenic Acid 600 mg		†
Linoleic Acid 150 mg		†
Oleic Acid 50 mg		†

† Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin, Natural Caramel Color, Purified Water.

**Distributed by:** Indiana Botanic Gardens, Inc.  
3401 W. 37th Ave. Hobart, IN 46342



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

