

Suggested Use: 1 capsule, 1 to 3 times daily or as directed by a healthcare professional.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. **KEEP OUT OF REACH OF CHILDREN.**

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

10519-V433-00

HoltraCeuticals™



Magnesium Citrate

Dietary Supplement

90 Capsules

HOLTORF MEDICAL GROUP®

CENTERS FOR HORMONE IMBALANCE, HYPOTHYROIDISM AND FATIGUE

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Capsule	% Daily Value	
Magnesium (as magnesium citrate complex)	150 mg	36%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water) and ascorbyl palmitate.

Manufactured for:
Holtorf Medical Group, Inc.
2232 E. Maple Ave
El Segundo, CA 90245
(310) 375-2705

To reorder visit HoltraCeuticals.com



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