

SUGGESTED USE: 1 capsule per day or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.** This product was sealed for your protection. Do not use if outer seal or inner-seal is missing or damaged.

259.0024

Mfg for: **Holtorf Medical Group®**
Centers for Hormone Balance,
Hypothyroidism And Fatigue
2232 E. Maple Ave
El Segundo, CA 90245
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HoltraCeuticals™



Iron Essentials

Dietary Supplement

Easily Assimilated Iron

60 Capsules

HOLTORF MEDICAL GROUP®

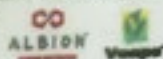
Supplement Facts^{v2}

Serving Size 1 Capsule

Servings Per Container 60

1 capsule contains	Amount Per Serving	% Daily Value
Iron	29 mg	161%
(as Ferrochel® Ferrous Bisglycinate Chelate)		

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, and Magnesium Stearate. Ferrochel is a registered trademark of Albion Laboratories, Inc.



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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