

Suggested Use: Take 2 capsules twice daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Other ingredients: Gelatin, apple pectin, rice flour, magnesium stearate, dextrose, maltedextrin, dicalcium phosphate, sodium citrate, and silicon dioxide.

Contains: Soybeans.

Chromax® is a registered trademark of Nutrition 21, Inc.

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8387

Website: www.botanichoices.com

Distributed by: Indiana Botanic Gardens, Inc.

3481 W. 37th Ave. Hobart, IN 46342



Blood Sugar Complex™

*Nutritional Blood
Sugar Support**

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value **	
Vitamin C (as ascorbic acid)	250 mg	416%
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1,334%
Niacin (Vitamin B-3) (as niacin)	50 mg	250%
Biotin	450 mcg	150%
Magnesium (as magnesium oxide)	150 mg	38%
Chromium (as Chromax® chromium picolinate)	100 mcg	84%
Apple cider vinegar powder (Providing 20% acetic acid (12.5 mg))	50 mg	†
Panax ginseng (root) extract (Naturally contains 5% ginsenosides (5 mg))	100 mg	†
Gynostemma sylvestre powder (leaf)	200 mg	†
Vanadium (as vanadyl sulfate)	1 mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

