

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, allergic to iodine, use blood thinners, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.
Do not use if safety seal is broken or missing. Store in a dark, cool, dry place.
Made without dairy or soy ingredients, peanut, or shellfish. Manufactured in a facility that also processes soy, tree nuts and shellfish.
No artificial colors, flavors, sweeteners or preservatives.

Line-Caught, Traceable and Sustainably Sourced Cod naturally contains vitamins A & D, plus DPA and **Specialized Pro-Resolving Mediators (SPM)**, to support heart, brain, vision and joint health.[†]

FRESHNESS
PURITY
POTENCY



MSC-C-54856
From an MSC certified sustainable fishery.
www.msc.org

Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33409 USA
Made in Norway from Alaskan Cod.
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Dr. Formulated

Alaskan Cod Liver Oil

Heart, Vision & Joint Health[†]



EPA, DHA plus DPA
TRIGLYCERIDE FORM



LEMON FLAVOR
200 mL (6.76 fl oz)

DIETARY SUPPLEMENT

Suggested Use: Take 1 teaspoon (5mL) daily at mealtime. Refrigerate after opening and consume within 90 days.

Supplement Facts

Serving Size 1 Teaspoon (5mL)
Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	40	
Total Fat	4.5 g	6% ¹
Saturated Fat	0.5 g	2% ¹
Unsaturated Fat	3.5 g	
Vitamin A (naturally occurring)	1,200 mcg	133%
Vitamin D (naturally occurring)	5 mcg (200 IU)	25%
Alaskan Cod Liver Oil with naturally occurring SPM, including Resolvins & Protectins	4.3 g	+
Total Omega-3s (Triglyceride Form)	1 g	
EPA (Eicosapentaenoic Acid)	450 mg	
DHA (Docosahexaenoic Acid)	400 mg	
DPA (Total Docosapentaenoic Acid)	48 mg	

¹Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Ingredients: Line-Caught Alaskan Cod Liver Oil (*Gadus macrocephalus*), Non-GMO Lemon Rosemary Flavor, Non-GMO Mixed Tocopherols (from Sunflower).
Contains: Fish.

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