

Ahiflower® SAP™ is a source of essential fatty acids, *alpha*-Linolenic acid (ALA), and omega-3 fatty acids for the maintenance of good health.* All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adults: Take 1-2 ml once daily or as directed by your healthcare practitioner.

Contains no: Gluten, soy, wheat, corn, eggs, dairy, yeast, preservatives, artificial flavor or color, starch, or sugar.

This product is non-GMO and vegan friendly.

Do not use if seal is broken.

Keep out of reach of children.

Color and smell may vary from one lot to another.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

MADE IN CANADA
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.
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Ahiflower® SAP

Essential Fatty Acids*

DIETARY SUPPLEMENT

nfh.ca

NET WT 3.2 FL OZ (95 mL)

Supplement Facts

Serving Size: 1 mL

Servings Per Container Approx. 95

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	930 mg	2%*
Ahiflower®		
(<i>Buglossoides arvensis</i>) oil	930 mg	
Omega-3 Fatty Acids		
SDA (Stearidonic acid)	158 mg	†
ALA (<i>Alpha</i> -Linolenic acid)	390 mg	†
Omega-6 Fatty Acids		
GLA (<i>Gamma</i> -Linolenic acid)	42 mg	†
LA (Linolenic Acid)	77 mg	†
Omega-9 Fatty Acids		
OA (Oleic Acid)	51 mg	†

*Percent Daily Values are based on a 2,000 calories diet.

†Daily Value not established.

Other ingredients: Rosemary extract, mixed tocopherols and ascorbyl palmitate.



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