

**Creatine SAP™** can help enhance muscular strength and support management of muscular dystrophies.\* Helps support muscle performance in high-intensity resistance exercises.\*

**Contains no:** Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

**Directions for use: Adults:** Take ½ scoop (approx. 2.5 g) daily with water/juice or as directed by your healthcare practitioner.

**Caution and warning:** Consult a healthcare practitioner prior to use if you are pregnant or breast-feeding; or have kidney disease/disorder. May result in weight gain.

**This product is non-GMO and vegan friendly.**

**Do not use if seal is broken.**

**Keep out of reach of children.**

**Color and smell may vary from one lot to another.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## Creatine SAP

### Muscular Strength\*

DIETARY SUPPLEMENT

NET WT 10.6 OZ (300 g)

nfh.ca

## Supplement Facts

Serving Size: ½ Scoop (Approx. 2.5 g)

Servings: Approx. 120

	Amount Per Serving	% Daily Value
Creatine monohydrate	2.5 g	**

\*\* Daily Value not established.

NPN 80094201

MADE IN CANADA BY  
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.  
351 RUE JOSEPH-CARRIER, VAUDREUIL, QC J7V 5V5 • 1 866 510-3123



P0232-R1



NFH-1183

