

Vegetarian. Free of gluten • wheat • milk/dairy • nuts • eggs • fish • shellfish • yeast • sugar • artificial additives.

#1 Natural Prenatal Brand†

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Remove label to recycle bottle.
To open, press along perforation.

New Look,
Same
Formula!



Prenatal Petite™ Mini-Tablet

 Food-Based Multivitamin

Complete nutrition in easy-to-swallow mini-tabs*
Energizes, eases discomfort & non-constipating*

Easy to digest with probiotics & enzymes

Gluten-Free | Milk/Dairy-Free

180 Mini-Tablets | Dietary Supplement

#1 Natural Prenatal Multivitamin† in
easy-to-swallow, food-based mini-tablets.
Complete nutrition, from conception through
nursing, specifically for Moms who have difficulty
swallowing tablets.

- **Nourishes Mom's health & Baby's development***
Folic acid • non-constipating iron • B vitamins •
choline • 2:1 calcium to magnesium • vitamin K
- **Enhances cell & immune health, & natural energy***
Antioxidants • 800 IU vitamin D • B vitamins •
Gentle Prenatal Food Blend
- **Eases muscle aches & discomfort***
Magnesium • ginger • vitamins C, K & B6
- **Easy digestion: can be taken on an empty
stomach***
Probiotics • enzymes • organic spirulina

o **SUGGESTED USAGE:** While trying to conceive,
pregnant or nursing, take 3 mini-tablets
daily, together or separately, with or
between meals.

Consult your health care professional prior to use if you are
taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a
leading cause of fatal poisoning in children under 6. Keep this
product out of reach of children. In case of accidental overdose,
call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

Supplement Facts

Serving Size: 3 Mini-Tablets
Servings per Container: 60

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Vitamin A (as Palmitate, Beta-carotene)	4,000 IU 50%	Copper (as Amino Acid Chelate)	2 mg 100%
Vitamin C (as Ascorbic Acid)	100 mg 167%	Manganese (as Citrate)	2 mg *
Vitamin D (as D3 Cholecalciferol)	800 IU 200%	Chromium (as Amino Nicotinate)	120 mcg *
Vitamin E (as d-alpha Tocopheryl)	30 IU 100%	Molybdenum (as Amino Acid Chelate)	75 mcg *
Vitamin K (as Phytonadione)	65 mcg *	Potassium (as Citrate)	10 mg *
Vitamin B-1 (as Thiamin Mononitrate)	10 mg 588%	Citrus Bioflavonoid Complex	25 mg *
Riboflavin (Vitamin B-2)	10 mg 500%	Choline (as Bitartrate)	10 mg *
Niacin (as Niacinamide)	20 mg 100%	Inositol	10 mg *
Vitamin B-6 (as Pyridoxine)	15 mg 600%	Boron (as Glycinate)	1 mg *
Folic Acid	800 mcg 100%	Gentle Prenatal Blend	90 mg *
Vitamin B-12 (as Cyanocobalamin)	25 mcg 313%	(equivalent to 320 mg food & herbal powder)	
Biotin	300 mcg 100%	Red Raspberry [leaf] 2:1 Extract, Ginger [rhizome] Fresh Juice 10:1 Extract, Organic Spirulina	
Vitamin B-5 (as Calcium Pantothenate)	15 mg 150%	Complete Digestive Support	24 mg *
Calcium (as Carbonate, Citrate-Malate)	200 mg 15%	Protease	664 HUT *
Iron (as Amino Acid Chelate)	30 mg 167%	Amylase	226 DU *
Iodine (from Kelp)	150 mcg 100%	Lipase	2 FIP *
Magnesium (as Oxide)	100 mg 22%	Cellulase	3 CU *
Zinc (as Citrate)	15 mg 100%	ProBioActive™ (Bacillus coagulans)	25 million CFU *
Selenium (as Selenomethionine)	100 mcg *		

* Daily Value (DV) not established.

%DV for pregnant or lactating women.

Other Ingredients (natural mineral or vegetable source): microcrystalline cellulose,
stearic acid, modified cellulose, silica. Coating: vegetable food grade (dextrin,
dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).

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*SPIN Data